



### **Ongoing / Continuing Work**

#### **1. Board of Governors**

BOG has not met since the last UMSU Board of Directors Meeting.

#### **2. Senate**

Senate met on October 3<sup>rd</sup>.

### **New Updates**

#### **1. Mental Health & Policies Working Groups**

Email blast and social media released last week for recruitment on all working groups including Mental Health and University Policies Working Groups (Behavioral & Academic). Descriptions as follows:

**MHWG:** The purpose of this committee will be to examine current mental health services and resources on campus, compare them with those of other universities, and explore ways to improve campaigns and programming, as well as to increase outreach to various communities across campus and explore opportunities to establish increased peer level supports.

**University Policies Working Groups (Behavioural & Academic):** The purpose of re-striking the UPWG working groups is to continue student participation in major policy decisions, and increase engagement among students regarding important behavioral policies and procedures that affect them directly. The working group's mandate is: "to advise the UMSU Council and UMSU Executives how to best advocate for changes to University Policies (UMSU Council Motion 0374)."

Working Groups Structure is open to all Undergraduate students. All UMSU members will be granted voting right and each Faculty Association will be encouraged to send at least one delegate to each meeting in order to ensure proper representation of all students' interests.

Please email [vpa@umsu.ca](mailto:vpa@umsu.ca) for questions or further detail.

#### **2. Mental Health & Wellness Campaign Week**

This week UMSU held our bi-annual Mental Health & Wellness week in which a number of workshops and programming has been taking place such as UMSU's Speak Up, Speak Out initiative, Jack.Org Talks, Workshops on Stress Management and Conflict Resolution from the Student Counselling Centre, programming and presentations on substance use, addiction and effects on MH. There is also Tabling and a Resource Fair by internal and external groups (Active minds, Healthyu, CMHA, AFM etc.) The goal of this week is to raise awareness surrounding mental health and illness by engaging students and starting more conversations on this topic.



University  
of Manitoba  
**STUDENTS'  
UNION**

**TO:** UMSU Board of Directors  
**FROM:** VP Advocacy, Sarah Bonner-Proulx  
**DATE:** October 11, 2018  
**RE:** **Report to the Board, October 2018**

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### **Events & Meetings Attended**

**\*Executive Meetings every Monday and Thursday**

**\*Schedule excludes internal meetings**

September 28: Meeting with Women's Health Group

September 28: Orange Shirt Day events

September 28: Bison Ball

September 29: UMES Graffiti

October 2: S.A Policy Mtg

October 3: Senate Meeting

October 3: Movies 4 Mental Health Event at RRC

October 4: Meeting with HRCM

October 4: Meeting with

**October 9-12: Mental Health & Wellness Campaign Events (Daily)**

October 9: CTV Morning Live --MHAW

October 11: Honoring Emeriti 2018 Event

October 11: Womyn's Centre Meeting