

## Exclusive Savings from Studentcare Network Partners

**Your Plan Coverage**  
You're covered for the insured portion of your Plan regardless of the approved health-care practitioner you choose.

**Studentcare Networks**  
By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:

80% + 20% Total Coverage: 100%

## Save More with Network Members

**LASIK MD**  
VISION

**\$100 off Standard LASIK\***  
(\$50 off per eye)

**\$200 off Custom LASIK\***  
(\$100 off per eye)

\*Certain conditions apply.

**Rexall**

10% off prescription drugs  
(max \$40)\*

20% off select regularly priced  
Rexall brand non-prescription  
products\*

\*Certain conditions apply.

**clearly**

With coupon code **STUDENT22**:

**10% off**  
contact lenses

**25% off**  
eyeglass frames  
(excluding certain brands)\*

\*Certain conditions apply.

**Discover more partners online!**  
Dentists, physiotherapists,  
massage therapists, and  
chiropractors

NEW!

**Console:  
Mental Health  
Resources\*\***



Access counselling, self-directed  
therapy, 24/7 crisis support, and  
other wellness resources on  
mobile or the web.

**Legal  
Essentials\*\***



A consultation service for all  
your legal questions, and legal  
representation in eligible areas  
of law

## The most popular coverage on campus

As an eligible student, you're automatically covered by one of the most important services on campus, the UMSU Enhanced Care Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs. Eligible students include:

- Undergraduate students who are UMSU members (i.e. students registered in at least one on-campus course) and registered for at least 6 credit hours in the Fall Term
- New Winter Term undergraduate students who are UMSU members (i.e. students registered in at least one on-campus course) and registered for at least 9 credit hours in the Winter Term
- Full-time graduate students who are UMGSA members

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See [www.studentcare.ca](http://www.studentcare.ca) for more details.

## Client/Group Numbers

**Health, vision, and dental:**  
**7654**  
(carrier: Manitoba Blue Cross)

**Travel:**  
**97180**  
(underwritten by Blue Cross Life Insurance  
Company of Canada and administered by  
Manitoba Blue Cross)

## Questions? Contact Us



**STUDENTCARE**



Scan the QR code  
for more details  
about your Plan.

[www.studentcare.ca](http://www.studentcare.ca)



**OUR ENVIRONMENTAL  
COMMITMENT ON PAPER**

This document contains 100% post-consumer  
fibre. Certified EcoLogo, Processed Chlorine Free,  
and FSC® Certified Recycled. Manufactured  
using biogas energy.



University  
of Manitoba  
**STUDENTS'  
UNION**



**STUDENTCARE**

Make the most out  
of your student Plan

2022-2023

Your **UMSU**  
**Enhanced Care**  
**Student Health &  
Dental Plan**

STUDENTCARE\_BRO\_UMSU\_09-22

\*\*For eligibility details, visit [www.studentcare.ca](http://www.studentcare.ca).

## Providing Quality Coverage

### Health Plan

 Health  
Over \$10,000

Prescription drugs  
Vaccinations  
Psychologists  
Physiotherapists

Chiropractors  
Ambulance  
and more!

 Vision  
Basic \$150+ Enhanced \$250+

Eye exam  
Eyeglasses and contact lenses

For a complete description of your coverage, visit [www.studentcare.ca](http://www.studentcare.ca).

**What are you waiting for?  
Make the most out of it!**

### Travel Plan

 Care abroad  
Up to \$5,000,000

120 days per trip, up to \$5,000,000 per lifetime (includes eligible COVID-19 medical expenses), trip cancellation and trip interruption in the event of a medical emergency or an eligible Travel Advisory

## The Ease of Claiming at Your Fingertips

**NEW!** Submit claims quickly and easily on the go through Manitoba Blue Cross's **mybluecross**® online portal or mobile app!

**1. Online:** Register to submit claims through Manitoba Blue Cross's mybluecross web portal. See [www.mb.bluecross.ca](http://www.mb.bluecross.ca).

**2. Mobile app:** Download the mybluecross mobile app from the **App Store** or **Google Play**.

**Note:** To use the app, you must register on the mybluecross web portal above first.

Claim forms are also available online at [www.studentcare.ca](http://www.studentcare.ca).



### Dental Plan

 Dental  
Up to **\$500** Basic **\$750** Enhanced  
(maximum per policy year)

Checkups  
Fillings  
Polishing

Root canals  
and more!

 Insured Portion  Studentcare Dental Network Savings

#### Preventive Services

- Recall exams
- Polishing

#### Restorative Services

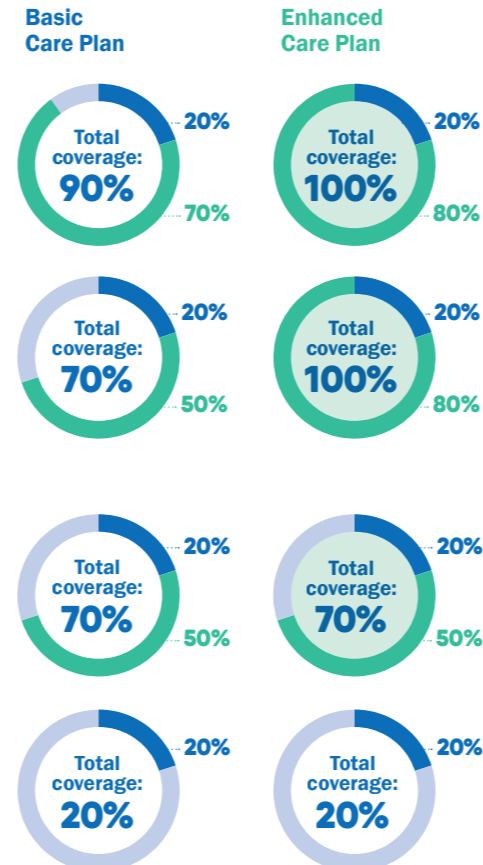
- Fillings, extractions
- Oral surgery (note: not all surgeries are eligible)
- Periodontics (gum treatments)
- Bridge repairs
- Re-centering of bridges and crowns
- Scaling

#### Endodontics

- Root canal

#### Major Restorative

- Crowns
- Bridges
- Posts



Obtaining preauthorization is recommended for dental work expected to cost \$500 or more. See [www.studentcare.ca](http://www.studentcare.ca) for details.

## At a Great Price

### Check it out!



### Looking for a different level of coverage?

Try the Basic Care Plan for \$245.00 or mix and match portions of the Enhanced Care and Basic Care Plans. See [www.studentcare.ca](http://www.studentcare.ca) for details.

If you're eligible, the Enhanced Care Plan fee for coverage from Sept. 1 – Aug. 31 (or from Jan. 1 – Aug. 31 for new Winter Term students) will be automatically included in your tuition and other fees. Find more details online.

## Change-of-Coverage Periods

**Fall Term:**  
Aug. 25 – Sept. 22, 2022

**Winter Term** (new students only):  
Dec. 26, 2022 – Jan. 23, 2023

If you're eligible, **the fees for the Plan (undergraduate and graduate students) and Legal Essentials (undergraduate students only) are automatically included in your tuition and other fees.**

During the applicable period above, you can opt out of these services (you must have proof of other coverage to opt out of the Plan) or change your Plan coverage. See [www.studentcare.ca](http://www.studentcare.ca) for instructions.

**Note for fall 2022: Graduate students now have a separate website** for changing their Plan coverage. They should visit [www.studentcare.ca](http://www.studentcare.ca) and select **UMGSA** rather than UMSU in the student association search bar.

## Introduce me to your family

### Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) in the Plan each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.

 Add unlimited dependants for  
**\$517.50**  
for full-year coverage\*

\*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2023 for new Winter Term students are available online.